

May 7, 2009

**A(H1N1) novel flu pandemic policy regarding travel to Mexico**

For seven consecutive days after returning home from Mexico, take your temperature each morning prior to going to work or class. You may go to work or class if you do not have a body temperature over 100 degrees accompanied by any of the following: runny nose, sore throat, nasal congestion or cough.

If you have an elevated temperature accompanied by any of these symptoms, do not go to work or class. Contact your health care provider, describe your symptoms, and tell him or her you have recently returned from Mexico. Coordinate the return to work or classes with your supervisor or instructor after receiving a medical release. If after seven consecutive days you have no day of an elevated temperature, then you can stop taking your temperature each morning.

In addition, if you have not yourself traveled to Mexico but have been in close contact with others who have recently been in Mexico, you are asked to follow the above precautions.

The university encourages all faculty, staff and students to review the following web sites for additional information, including any recommendations or warnings related to travel.

World Health Organization  
<http://www.who.int/en/>  
Center for Disease Control  
<http://www.cdc.gov/h1n1flu/>

The above policy applies until further notice.

Email updates: [May 7](#) | [May 1](#)